

Your donation provides food for our free cooking and nutrition awareness classes in low-income communities.

Healthy Living FOOD DONATION DRIVE

Wednesday — March 3rd — 10 am-7:00 pm

& monthly every 1st Wednesday

Jellef Boys & Girls Club 3265 S Street, NW

Group Donation pick-up available if arranged in advance

www.healthylivinginc.org a certified 501c3

We are asking for the following food items:

Dried beans (chick, black, pinto, lentils), squash, onions,

Whole grains (rice, barley, quinoa, cous cous), carrots

Olive or Canola Oil, whole wheat pasta, tamari, turnips

Fresh or dried fruit, Whole Foods or Safeway certificates

Also: Paper plates, napkins, plastic forks, paper rolls

202-497-5269

www.healthylivinginc.org
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